



February 2012

Memory Care Neighborhood



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Trivia w Cheri 10:30 Arm Chair Exer 2:30 Wellness Clinic 3:00 Ice Cream Social 4:00 Pampered Nail 6:30 Song & Prayer	2 10:00 Sit & Stand Exer 10:30 Read Aloud 1:45 Wii Bowling 2:15 Brain Exercises 3:00 Ice Cream Social	3 10:00 Sittercise 10:30 Prayer Group 11:00 Story time 1:45 Sing Along 2:30 Bingo 3:30 Ice Cream Social	4 10:00 Music & Dance 11:00 Bingo 1:45 Movie 3:00 Ice Cream Social 4:00 Floor Basketball
5 9:30 Heritage Serv 10:30 Coffee & Chat 11:00 Bible Trivia 2:15 Corn hole 3:00 Ice Cream Social	6 10:00 Sittercise 10:30 Chaplain Chatter 1:30 Music & Trivia 3:00 Ice Cream Social 4:00 Hangman	7 10:00 Group Fitness 11:00 Dominos 1:45 Sing Along 2:00 Bingo 3:00 Ice Cream Social	8 10:00 Trivia w Cheri 10:30 Arm Chair Exer 2:30 Wellness Clinic 3:00 Ice Cream Social 4:00 Pampered Nail 6:30 Song & Prayer	9 10 Sit & Stand Exer 10:30 Read Aloud 1:45 Wii Bowling 2:15 Brain Exercises 3:00 Ice Cream Social	10 10:00 Sittercise 10:30 Prayer Group 11:00 Story time 1:45 Sing Along 2:30 Bingo 3:30 Ice Cream Social	11 10:00 Music & Dance 11:00 Bingo 1:45 Movie 3:00 Ice Cream Social 4:00 Floor Basketball
12 9:30 Heritage Serv 10:30 Coffee & Chat 11:00 Bible Trivia 2:15 Corn hole 3:00 Ice Cream Social	13 10:00 Sittercise 10:30 Chaplain Chatter 1:30 Music & Trivia 3:00 Ice Cream Social 4:00 Hangman	14 10:00 Group Fitness 11:00 Dominos 1:45 Sing Along 2:30 Valentine Party 3:00 Ice Cream Social 	15 10:00 Trivia w Cheri 10:30 Arm Chair Exer. 2:30 Wellness Clinic 3:00 Ice Cream Social 4:00 Pampered Nail 6:30 Song & Prayer	16 10:00 Sit & Stand Exer 10:30 Read Aloud 1:45 Wii Bowling 2:15 Brain Exercises 3:00 Ice Cream Social	17 10:00 Sittercise 10:30 Prayer Group 11:00 Story time 1:45 Sing Along 2:30 Bingo 3:30 Ice Cream Social	18 10:00 Music & Dance 11:00 Bingo 1:45 Movie 3:00 Ice Cream Social 4:00 Floor Basketball
19 9:30 Heritage Serv 10:30 Coffee & Chat 11:00 Bible Trivia 2:15 Corn hole 3:00 Ice Cream Social	20 10:00 Sittercise 10:30 Chaplain Chatter 1:30 Music & Trivia 2:30 Birthday Bash 4:00 Hangman	21 10:00 Group Fitness 11:00 Dominos 1:45 Sing Along 2:00 Bingo 3:00 Ice Cream Social	22 10:00 Trivia w Cheri 10:30 Arm Chair Exer 2:30 Wellness Clinic 3:00 Ice Cream Social 4:00 Pampered Nail 6:30 Song & Prayer	23 10:00 Sit & Stand Exer 10:30 Read Aloud 1:45 Wii Bowling 2:15 Brain Exercises 3:00 Ice Cream Social	24 10:00 Sittercise 10:30 Prayer Group 11:00 Story time 1:45 Sing Along 2:30 Bingo 3:30 Ice Cream Social	25 10:00 Music & Dance 11:00 Bingo 1:45 Movie 3:00 Ice Cream Social 4:00 Floor Basketball
26 9:30 Heritage Serv 10:30 Coffee & Chat 11:00 Bible Trivia 2:15 Corn hole 3:00 Ice Cream Social	27 10:00 Sittercise 10:30 Chaplain Chatter 1:30 Friendship Band 3:00 Ice Cream Social 4:00 Hangman	28 10:00 Group Fitness 11:00 Dominos 1:45 Sing Along 2:00 Bingo 3:00 Ice Cream Social	29 10:00 Trivia w Cheri 10:30 Arm Chair Exer 2:30 Wellness Clinic 3:00 Ice Cream Social 4:00 Pampered Nail 6:30 Song & Prayer			